

Tömilen 2014

Snöfemman Herrar

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| 1 | » Marcus Gustafsson | 88 | Spårvägens FK | 1029 | 16:02 |
| 2 | » Simon Karlsson | 89 | Enhörna IF | 1009 | 17:20 |
| 3 | » Linus Gustafsson | 94 | Spårvägens FK | 1028 | 17:30 |
| 4 | » Rasmus Ahlgren | 99 | Spårvägens FK | 1027 | 17:34 |
| 5 | » Marcus Brandt | 80 | IF Åland | 1041 | 17:47 |
| 6 | » Pontus Aldenstam | 96 | Väsby IK | 1040 | 17:56 |
| 7 | » Rikard Karlsson | 98 | Hässelby SK | 1004 | 18:00 |
| 8 | » Karl-Henrik Suhard | 80 | Stockholm | 1039 | 18:52 |
| 9 | » Aners Ellow | 1982 | Hällbybrunns IF | 1077 | 19:13 |
| 10 | » Oliver Kauntz | 97 | Spårvägens FK | 1032 | 19:15 |
| 11 | » Fredrik Lind | 74 | Nordic Military Training | 1023 | 19:17 |
| 12 | » Denis Lynch | 1979 | Kilfinane AC | 1073 | 19:52 |
| 13 | » Rickard Andersson | 72 | | 1065 | 19:55 |
| 14 | » Johan Karlsson | 83 | Dick Tiger Runners | 1014 | 20:13 |
| 15 | » Klas Johansson | 1976 | - | 1088 | 20:23 |
| 16 | » Niklas von Mentzer | 73 | FMLOG | 1042 | 20:28 |
| 17 | » Daniel Cortobius | 1988 | Rånäs 4H | 1076 | 20:40 |
| 18 | » Egil Löthman | 2001 | Turebergs FK | 1084 | 20:47 |
| 19 | » Vilgot Ljunggren | 99 | Spårvägens FK | 1034 | 20:58 |
| 20 | » Arvid Brikell | 2001 | Spårvägen FK | 1087 | 21:21 |
| 21 | » Oskar Arvidsson | 2 | Fredrikshofs IF | 1015 | 21:54 |
| 22 | » Magnus Ros | 74 | Huddinge | 1012 | 22:03 |
| 23 | » Tobias Ölander | 81 | SHHS | 1021 | 22:07 |
| 24 | » Joan Vacces | 1979 | SPIF | 1085 | 22:11 |
| 25 | » Per Sohlberg | 68 | Stockholm | 1062 | 22:24 |
| 26 | » Jakob Maandi | 98 | Åkersberga SK | 1001 | 22:28 |
| 27 | » Tobias Kjellson | 76 | | 1066 | 22:39 |
| 28 | » Anders Lundin | 67 | IFK Strängnäs | 1005 | 22:45 |
| 29 | » Daniel Hoch | 79 | Nordea | 1017 | 22:46 |
| 30 | » Magnus Landare | 1957 | Alecta | 1089 | 22:47 |
| 31 | » Daniel Sundman | 84 | | 1053 | 22:49 |

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| 32 | » Tage Winter | 1947 | Stockholm | 1071 | 23:05 |
| 33 | » Fabian Eriksson | 95 | SSK | 1037 | 23:11 |
| 34 | » Magnus Jensen | 76 | Nordea | 1025 | 23:13 |
| 35 | » Jesper Ström | 1991 | Dick Tiger Runners | 1080 | 23:26 |
| 36 | » Hampus Ström | 1983 | Dick Tiger Runners | 1079 | 23:47 |
| 37 | » Love Nilsson | 99 | Spårvägens FK | 1035 | 23:48 |
| 38 | » Mattias Lundin | 70 | | 1054 | 23:48 |
| 39 | » Daniel Eklund | 75 | Mäklarringen Södermalm | 1019 | 24:34 |
| 40 | » Magnus Ankarfjord | 67 | IFK Strängnäs | 1011 | 24:43 |
| 41 | » Andreas Sundman | 86 | | 1052 | 24:44 |
| 42 | » Richard de Boussard | 1957 | - | 1072 | 24:51 |
| 43 | » Rikard Nyrenström | 67 | Mäklarringen Södermalm | 1020 | 24:52 |
| 44 | » Ulf Roll | 71 | Uffes | 1060 | 25:20 |
| 45 | » Daniel Berglund | 76 | | 1061 | 25:23 |
| 46 | » Jorma Pitkänen | 1951 | Tullinge-Tunba FF | 1078 | 26:22 |
| 47 | » Love Johansson | 3 | Fredrikshofs | 1048 | 26:28 |
| 48 | » Sverker Unnes | 1943 | FBH IF | 1075 | 26:41 |
| 49 | » Jonas Strandberg | 1979 | - | 1082 | 26:50 |
| 50 | » Johan Berling | 80 | Nordea | 1016 | 27:11 |
| 51 | » Rickard Jonsson | 65 | | 1044 | 27:28 |
| 52 | » Mattias Liss | 87 | | 1010 | 27:38 |
| 53 | » Jan Johansson | 56 | Nacka | 1007 | 27:44 |
| 54 | » Johan Kristiansson | 59 | | 1067 | 28:23 |
| 55 | » Peter Jansson | 76 | | 1063 | 29:01 |
| 56 | » Birger Edholm | 1948 | - | 1074 | 29:19 |
| 57 | » Lars Andersson | 52 | | 1045 | 29:36 |
| 58 | » Matti Jokikokko | 53 | Motala AIF | 1038 | 30:18 |
| 59 | » Joakim Linnarsson | 1968 | - | 1083 | 30:24 |
| 60 | » Thomas Nagel | 70 | | 1008 | 30:24 |
| 61 | » Tor Nordström | 1975 | - | 1081 | 30:40 |
| 62 | » Mats Säfström | 1959 | - | 1086 | 30:53 |
| 63 | » Matts Dahlqvist | 50 | Björklinge SOK | 1000 | 31:40 |
| 64 | » Sven-Erik Ahlvik | 52 | Myrbacka Elit | 1022 | 31:59 |
| 65 | » Peter Salomon | 52 | | 1049 | 31:59 |
| 66 | » Matthias Hogersson | 73 | | 1068 | 33:42 |
| 67 | » Jörgen Loeb | 52 | | 1013 | 35:23 |

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| 68 | » Lennart Rudberg | 43 | Sticklinge | 1036 | 35:24 |
| 69 | » Björn Lundman | 72 | | 1059 | 40:45 |
| 70 | » Ulf Ljungström | 46 | Aktivitetshuset | 1058 | 41:10 |
| 71 | » Kolbjörn Nillson | 34 | | 1056 | 1:17:22 |

Snöfemman Damer

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|----|---|------|------------------------|------|-------|
| 1 | » Dace Landström | 83 | Vallentuna FK | 1223 | 18:43 |
| 2 | » Malin Dahlbäck | 99 | Åkersberga SK | 1202 | 19:40 |
| 3 | » Lisa Naucler | 1984 | Runday IF | 1262 | 20:18 |
| 3 | » Charlotte Karlsson | 1984 | Hässelby SK | 1263 | 20:18 |
| 5 | » Camilla Bloss | 91 | Enhörna IF | 1203 | 21:07 |
| 6 | » Carolina Larson | 2 | Danderyds SK | 1227 | 21:14 |
| 7 | » Monica Kingstedt | 1961 | Huddinge AIS | 1259 | 21:23 |
| 8 | » Vendela Bernström | 94 | Vallentuna FK | 1204 | 21:44 |
| 9 | » Cecilia Ankarfjord Lundin | 3 | IFK Strängnäs | 1207 | 22:49 |
| 10 | » Anna Löthman | 1966 | Hässelby SK | 1260 | 23:00 |
| 11 | » Ann-Sofie Svärth Kullin | 1968 | Carnegie IF | 1258 | 23:14 |
| 12 | » Anna Rosén Rösiö | 71 | Simcoachen | 1212 | 23:38 |
| 13 | » Barbara Kocher | 94 | Biel/Biennu Athletics | 1070 | 23:44 |
| 14 | » Anna Ankarfjord Lundin | 0 | IFK Strängnäs | 1206 | 23:53 |
| 15 | » Sofia Davidsson | 82 | Scania IF | 1249 | 24:08 |
| 16 | » Elin Andersson | 99 | Mäklarringen Södermalm | 1217 | 24:12 |
| 17 | » Sandra Dahlberg | 0 | Spårvägens FK | 1224 | 24:25 |
| 18 | » Ellen Wärm | 96 | IK Spring Väst Årjäng | 1222 | 25:27 |
| 19 | » Tindra Forssen | 2001 | - | 1255 | 25:54 |
| 20 | » Hannah Maurer | 2001 | - | 1253 | 25:55 |
| 21 | » Lova Forssen | 2003 | - | 1256 | 25:56 |
| 22 | » Matilda Norrby | 0 | Fredrikshofs IF | 1216 | 26:02 |
| 23 | » Sofie Larsson | 89 | Björklinge SOK | 1201 | 26:15 |
| 24 | » Tintin Johansson | 2 | Neptun | 1237 | 26:27 |
| 25 | » Marianne Olsson | 63 | Riksbankens IF | 1233 | 26:45 |
| 26 | » Maria Wikner | 69 | | 1246 | 26:46 |
| 27 | » Virve Hildebrand | 69 | | 1243 | 26:48 |
| 28 | » Petra Sporrang | 67 | | 1252 | 27:06 |

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|----|---|------|---------------------|------|-------|
| 29 | » Julia Andersson | 93 | Mummelmann Warriors | 1242 | 27:12 |
| 30 | » Herborg Andrea Horvei | 63 | | 1238 | 27:12 |
| 31 | » Judit Wefer | 76 | Segeltorp | 1235 | 27:17 |
| 32 | » Marie Björk | 82 | Nordea | 1218 | 27:24 |
| 33 | » Sigrid Andersson | 91 | Uppsala LK | 1211 | 27:42 |
| 34 | » Wilma Stribo Björnberg | 2 | Nacka | 1208 | 28:05 |
| 35 | » Marina Ruoholainen | 2001 | Spårvägens FK | 1261 | 28:05 |
| 36 | » Johanna Eriksson | 82 | Danderyd | 1236 | 28:17 |
| 37 | » Hanna Blomdahl | 81 | Scania IF | 1248 | 28:29 |
| 38 | » Maria Ankarfjord | 71 | IFK Strängnäs | 1205 | 28:39 |
| 39 | » Karin Lindqvist | 62 | Älvsjö | 1247 | 28:42 |
| 40 | » Eva Sandberg | 67 | | 1245 | 29:41 |
| 41 | » Wivvi Swing | 67 | IA Boot Campers | 1231 | 29:53 |
| 42 | » Katarina Pegert | 77 | Huddinge | 1214 | 30:07 |
| 43 | » Lotta Frohm Lindberg | 64 | Boo IF | 1209 | 30:20 |
| 44 | » Karin Ohlner | 75 | Ingen | 1241 | 30:30 |
| 45 | » Linda Hedén | 79 | Ingen | 1240 | 30:30 |
| 46 | » Charlotte Siljebrand Nisses | 80 | Malmö FF | 1230 | 31:19 |
| 47 | » Clara Salomon | 89 | | 1239 | 31:20 |
| 48 | » Maria Röhfors | 74 | | 1244 | 32:22 |
| 49 | » Erika Grundströmer | 83 | | 1250 | 33:03 |
| 50 | » Katia Lindholm | 75 | IA Boot Campers | 1232 | 33:47 |
| 51 | » Nathalie Lundqvist | 95 | SSK | 1229 | 34:28 |
| 52 | » Annika Loeb | 46 | | 1215 | 34:48 |
| 53 | » Susanne Jansson | 1980 | - | 1254 | 39:35 |
| 54 | » Helene Vivenius | 1966 | Vallentuna | 1257 | 41:38 |
| 55 | » Amanda Norlander | 82 | Team vidrig | 1234 | 51:02 |

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| 1 | » Alexander Söderberg | 88 | Spårvägens FK | 41 | 33:04 |
| 2 | » Jonatan Alvaeus | 90 | Uppsala IF | 5 | 34:10 |
| 3 | » Hugo Hultqvist | 84 | Sundbergs ik | 117 | 35:20 |
| 4 | » robin pino | 82 | | 44 | 36:36 |
| 5 | » Valdemar Crispin | 1997 | Spårvägen FK | 200 | 37:19 |

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| 6 | » Tommie Lindeman | 76 | Kvarken Capital | 75 | 37:31 |
| 7 | » Andreas Hardeström | 80 | IF Linnéa | 86 | 38:28 |
| 8 | » Lars-Erik Åkerblom (SWE) | 1960 | IF Åland | 203 | 38:49 |
| 9 | » Pierre Lourdais | 90 | XRaid | 32 | 39:24 |
| 10 | » Scott Moore | 76 | Terrible Tuesdays | 166 | 39:38 |
| 11 | » Mattias Norell | 70 | Älvsjö | 1 | 39:51 |
| 12 | » Aaron zierdt | 88 | USA | 118 | 40:04 |
| 13 | » Andreas Buhrgard | 92 | . | 10 | 40:06 |
| 14 | » Mikael Nordlund | 67 | Norsborg | 98 | 40:26 |
| 15 | » Johan Kullsand | 1981 | Uppala Vasaloppsklubb | 205 | 40:33 |
| 16 | » Anders Berglund | 1974 | Åkersberga | 220 | 40:33 |
| 17 | » Natnael Zerezghi | 96 | Löparakademin | 141 | 40:45 |
| 18 | » Daniel Hellmark | 82 | Team Work | 49 | 40:46 |
| 19 | » Lars Edman | 71 | Simklubben Neptun | 165 | 40:51 |
| 20 | » Christian Gustafsson | 79 | Team Vidrig | 82 | 41:03 |
| 21 | » Niklas Larsson | 1985 | Hässelby SK | 221 | 41:06 |
| 22 | » Gustav Nilsson | 79 | Team Vidrig | 84 | 41:06 |
| 23 | » Anders Tegelberg | 71 | Vattenfall IF | 78 | 41:18 |
| 24 | » Johan Knutsson | 82 | | 111 | 41:49 |
| 25 | » Brendan Dowell | 83 | Australian adventure friends | 54 | 41:52 |
| 26 | » Johan Söderberg | 1977 | - | 216 | 41:53 |
| 27 | » Mikael Nordblom | 63 | IF Åland | 58 | 41:57 |
| 28 | » Mats Ericsson | 73 | Hammarby Sjöstad | 36 | 42:10 |
| 29 | » Mats Kollbrink | 70 | Hässelby SK | 95 | 42:12 |
| 30 | » Lars Frick | 71 | Terrible Tuesdays | 7 | 42:14 |
| 31 | » Emil Olofsson | 1993 | Mummelmann Warriors | 207 | 42:18 |
| 32 | » Alvaro Zagal | 83 | Löparakademin | 145 | 42:19 |
| 33 | » Pär Bergsman | 1984 | Hudiksvalls IF | 223 | 42:22 |
| 34 | » David Ödling | 91 | | 176 | 42:27 |
| 35 | » Leo Kruth | 63 | AIK | 11 | 42:37 |
| 36 | » André Lembke | 78 | NBIS | 39 | 42:43 |
| 37 | » Fredrik Arrhenius | 60 | CityRunners | 8 | 42:46 |
| 38 | » Tobias Fritzon | 74 | Väsby SS Triathlon | 28 | 42:56 |
| 39 | » Frya Ali | 66 | | 99 | 43:00 |
| 40 | » Jonas Nilsson | 65 | Team Siri | 131 | 43:09 |

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|----|--|------|---------------------|-----|-------|
| 41 | » Johan Nilson | 84 | | 123 | 43:14 |
| 42 | » Olle Thunberg | 1992 | Mummelmann Warriors | 218 | 43:19 |
| 43 | » Rickard Ling | 90 | | 168 | 43:29 |
| 44 | » Kenneth Berglund | 68 | Lagavulin runners | 109 | 43:32 |
| 45 | » Gustav Jönsson | 1986 | Ving Running Club | 208 | 43:32 |
| 46 | » Kristoffer Virta | 1982 | - | 210 | 43:38 |
| 47 | » Lars Wallinder | 63 | Ericsson SIK | 21 | 43:47 |
| 48 | » Dan Larsson | 59 | Björklinge SOK | 3 | 43:52 |
| 49 | » Bengt Isgård | 51 | IF Linnea | 107 | 43:52 |
| 50 | » Dennis Dreier | 90 | | 127 | 44:00 |
| 51 | » Christopher Fransson | 72 | Nollåtta MK | 9 | 44:00 |
| 52 | » Daniel Lindberg | 74 | Utbrytarna SK | 17 | 44:06 |
| 53 | » Daniel Halvardsson | 84 | Nässjö OK | 115 | 44:07 |
| 54 | » Jens Rönström | 76 | Telge FF | 29 | 44:16 |
| 55 | » Ferat Capar | 99 | Löparakademin | 148 | 44:27 |
| 56 | » Mårten Granath | 79 | Team Vidrig | 81 | 44:31 |
| 57 | » Jonas Mårtensson | 98 | | 174 | 44:40 |
| 58 | » Fredrik Ahlén | 82 | | 172 | 44:41 |
| 59 | » Magnus Ahlén | 80 | | 170 | 44:46 |
| 60 | » Gunnar Åkerman | 73 | Carnegie IF | 35 | 44:47 |
| 61 | » Abdi Rooble | 98 | Löparakademin | 159 | 45:04 |
| 62 | » Lars Lundberg | 1959 | Uppsala IF | 204 | 45:16 |
| 63 | » Andreas Bladfält | 1982 | Rejlers IF | 201 | 45:35 |
| 64 | » André Borchert | 84 | Team Gubbvad | 89 | 45:47 |
| 65 | » Joakim Wigren | 72 | Fartfabriken | 2 | 45:47 |
| 66 | » David Jansson | 80 | Team Work | 20 | 45:56 |
| 67 | » Jan Bergquist | 68 | Vagnhärad | 62 | 45:56 |
| 68 | » Anders Jonsson | 79 | | 27 | 46:01 |
| 69 | » Thomas Malmgren | 1958 | Flemingsbergs SK | 213 | 46:04 |
| 70 | » Billy White | 81 | | 68 | 46:07 |
| 71 | » Louise Equabov | 97 | Löparakademin | 160 | 46:09 |
| 72 | » Albin Jansson | 82 | Team Work | 23 | 46:17 |
| 73 | » Nils | 1979 | Stockholm | 222 | 46:31 |
| 74 | » Örjan Sundkvist | 1974 | Bromma IF | 206 | 46:33 |
| 75 | » Lars Friberg | 1962 | Swedbank IF | 214 | 46:42 |
| 76 | » Joel Nisses | 81 | Malmö FF | 45 | 46:43 |

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| 77 | » Niklas Welfelt | 63 | | 129 | 46:47 |
| 78 | » Erik Berglund | 1975 | - | 217 | 46:53 |
| 79 | » Mart Maandi | 68 | Åkersberga Spring | 37 | 46:55 |
| 80 | » Patrik Husman | 72 | Skavsåret IF | 48 | 47:22 |
| 81 | » Kristoffer Ahlén | 88 | | 171 | 47:25 |
| 82 | » Simon Lindahl-W | 91 | Löparakademin | 143 | 47:31 |
| 83 | » Niklas Dahlberg | 82 | Sköldinge IF | 43 | 47:34 |
| 84 | » Pontus Carlens | 82 | | 72 | 47:35 |
| 85 | » Anders Johansson | 1968 | - | 215 | 47:38 |
| 86 | » Mikael Petterson | 1969 | Täby IS | 209 | 47:41 |
| 87 | » Jack Larsson | 85 | - | 47 | 47:45 |
| 88 | » Mats Liljegren | 76 | Team Skavsåret IF | 30 | 47:51 |
| 89 | » Johnny Röberg | 67 | | 34 | 47:54 |
| 90 | » Walid Abouhadem | 98 | Löparakademin | 146 | 47:58 |
| 91 | » Håkan Liljedahl | 70 | Värmdö | 121 | 48:03 |
| 92 | » Davy Prieur | 77 | | 52 | 48:06 |
| 93 | » Abdirahim Abdulahi | 99 | Löparakademin | 162 | 48:08 |
| 94 | » Joakim Fernandez | 79 | Nordea | 71 | 48:18 |
| 95 | » Tobias Johansson | 79 | | 55 | 48:19 |
| 96 | » Roland Norell | 57 | Söders Orientering - Tyresö | 74 | 48:20 |
| 97 | » Elias Bartos | 81 | Team Vidrig | 80 | 48:31 |
| 98 | » Roland Kauntz | 68 | | 122 | 48:33 |
| 99 | » Torbjörn Zadig | 74 | IFK Slackers | 91 | 48:34 |
| 100 | » Fredrik Orstadius | 71 | | 119 | 48:36 |
| 101 | » Peter Thilander | 59 | | 33 | 48:55 |
| 102 | » Dominic Mitchell | 71 | | 67 | 49:03 |
| 103 | » Mikhail Poluektov | 1987 | - | 211 | 49:08 |
| 104 | » Simon Lardner | 91 | Löparakademin | 144 | 49:16 |
| 105 | » Philip Ryott | 71 | | 173 | 49:25 |
| 106 | » Niclas Löfgren | 91 | Löparakademin | 142 | 49:26 |
| 107 | » Mikael Knutsson | 74 | | 112 | 49:37 |
| 108 | » Patrik Järverot | 67 | | 177 | 49:42 |
| 109 | » Pär Tjärnberg | 84 | Nacka-Värmdö SK | 38 | 49:46 |
| 110 | » Fredrik Ydrenius | 69 | | 15 | 49:57 |
| 111 | » Leif Våghals | 72 | Daredevilracing Uppsala | 114 | 49:58 |

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| 112 | » Jonatan Jürisoo | 82 | 4C Strategies | 42 | 50:10 |
| 113 | » Mikael Söderholm | 60 | Sibirien | 133 | 50:42 |
| 114 | » Gustav Rannestig | 88 | * | 24 | 51:07 |
| 115 | » Erik Lundevi | 80 | | 96 | 51:13 |
| 116 | » christian cavallin | 58 | avd 161 | 97 | 51:30 |
| 117 | » Kjell Lundström | 65 | Järna | 61 | 51:45 |
| 118 | » Claes Mårtensson | 61 | | 63 | 52:07 |
| 119 | » Oscar Hammar | 82 | | 125 | 52:24 |
| 120 | » Dylan Mehmusi | 99 | Löparakademin | 157 | 52:32 |
| 121 | » Jocke Skog | 1969 | Solberga | 202 | 52:33 |
| 122 | » Ameen Pargar | 98 | Löparakademin | 153 | 52:56 |
| 123 | » Lars Klintwall | 83 | Oslo student | 104 | 52:57 |
| 124 | » Fredrik Tidholm | 80 | | 116 | 53:00 |
| 125 | » Torgny Fält | 59 | Södermalm | 53 | 53:07 |
| 126 | » Jonas Wohlin | 79 | Team vidrig | 76 | 53:10 |
| 127 | » Andreas Tull | 71 | Järfälla Corridores Rapido | 100 | 53:14 |
| 128 | » Ian Brown | 1971 | Stockholm HHH | 219 | 53:15 |
| 129 | » namo mohamed | 77 | | 113 | 53:16 |
| 130 | » Thomas Ling | 61 | Camaro | 167 | 53:24 |
| 131 | » Younnas Khatib | 95 | Löparakademin | 135 | 53:26 |
| 131 | » Muhammed Mboob | 99 | Löparakademin | 155 | 53:26 |
| 133 | » Björn Thorén | 55 | Täby OK | 126 | 53:28 |
| 134 | » Örjan Nilson | 57 | | 124 | 53:31 |
| 135 | » Christer Norström | 65 | Västerås | 59 | 53:35 |
| 136 | » Ulf Ivarsson | 65 | Team Ivarsson | 4 | 53:42 |
| 137 | » Robert Andersson | 54 | Hägersten | 132 | 53:59 |
| 138 | » Pär-Åke Anderkrans | 61 | CamCam | 18 | 54:00 |
| 139 | » Lucas Zedig | 97 | Z | 13 | 54:23 |
| 140 | » Daniel Zedig | 71 | Z | 12 | 54:23 |
| 141 | » Jesus Orrego | 52 | Peru -runners | 90 | 54:24 |
| 142 | » Mikael Wendel | 60 | Champagnegaloppen | 103 | 54:42 |
| 143 | » Mikael Karlsson | 78 | | 69 | 55:12 |
| 144 | » Michael Thörnir | 81 | IA Bootcampers | 64 | 55:34 |
| 145 | » Stiven Nilsson | 92 | Löparakademin | 137 | 55:46 |
| 146 | » Ismail Saouri | 91 | Löparakademin | 139 | 55:49 |
| 147 | » Gunnar Grip | 63 | Vallentuna FK | 93 | 55:52 |

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| 148 | » Zamer Moshen | 99 | Löparakademin | 156 | 56:30 |
| 149 | » Mattias Forsell | 74 | Bagarmossen | 130 | 56:49 |
| 150 | » Jesper Olsson | 1973 | - | 212 | 57:05 |
| 151 | » Peter Möller | 64 | Gubblunk | 46 | 57:09 |
| 152 | » Christer Backelin | 43 | | 110 | 57:14 |
| 153 | » Ove Johansson | 53 | Roffes Cross | 108 | 57:19 |
| 154 | » Lennart Wahlgren | 46 | Nordea | 25 | 58:02 |
| 155 | » Fredrik Svanemar | 69 | Solna | 19 | 59:37 |
| 156 | » Anders Grimfelt | 54 | Nordea | 66 | 59:44 |
| 157 | » Lasse Höjjer | 56 | | 14 | 1:00:40 |
| 158 | » Anders Braathen | 62 | TYRESÖ | 134 | 1:01:32 |
| 159 | » Tobias Melander | 79 | Team Vidrig | 83 | 1:02:18 |
| 160 | » Rewing Aldabay | | Löparakademin | 158 | 1:04:14 |
| 161 | » Ali Mansour | | Löparakademin | 147 | 1:04:28 |
| 162 | » Olov Nyqvist | 79 | Team Vidrig | 85 | 1:05:12 |
| 163 | » Egil Bartos | 78 | Team Vidrig | 79 | 1:07:16 |
| 164 | » Oskar Yildiz | 99 | Löparakademin | 150 | 1:10:39 |
| 165 | » Basel Abouhachem | 99 | Löparakademin | 151 | 1:10:39 |
| 166 | » Lars Nordin | 44 | Solna OK | 56 | 1:14:22 |
| 167 | » Nesim haidari | 99 | Löparakademin | 152 | 1:20:42 |
| 168 | » Sidney Tre Norling | 76 | Löparakademin | 140 | 1:26:53 |
| 169 | » Haidar Hajdari | 92 | Löparakademin | 138 | 1:33:37 |

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| 1 | » Carin Brink | 1971 | Täby IS | 501 | 42:20 |
| 2 | » Louise Hellqvist | 79 | Carnegie IF | 169 | 42:28 |
| 3 | » Kristina Flintull | 87 | Carnegie IF | 407 | 42:32 |
| 4 | » Annika Ericsson | 74 | Hammarby Sjöstad | 406 | 42:40 |
| 5 | » Josefin Doverlid | 91 | Mummelmann Warriors | 442 | 44:46 |
| 6 | » Magdalena Tull | 70 | Järfälla Corridores Rapido | 437 | 45:31 |
| 7 | » Bethany Thompson | 1980 | - | 502 | 46:21 |
| 8 | » Sara Engberg | 1992 | Enhörna IF | 500 | 47:07 |
| 9 | » Juana Chaves | 79 | Campos AS | 404 | 47:26 |
| 10 | » Helena Rosén | 79 | IF Linnea | 427 | 47:45 |

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| 11 | » Mathilda Widerström | 90 | Löparakademin | 465 | 47:49 |
| 12 | » Rebecca B. Fredriksson | 88 | | 409 | 48:07 |
| 13 | » Elisabeth Dahlqvist | 88 | Björklinge SOK | 400 | 48:09 |
| 14 | » Maria Holm | 93 | IF Åland | 415 | 48:11 |
| 15 | » Daniela Sörensen | 92 | Team Happy | 454 | 48:30 |
| 16 | » Anneli Sagnérius | 79 | IF Linnea | 435 | 48:54 |
| 17 | » Annie Arrhenius | 87 | SEB IF | 424 | 49:44 |
| 18 | » Madeleine Söderqvist | 1980 | Runacademy | 503 | 50:01 |
| 19 | » Ingrid Kjellström | 88 | Stockholm City Triathlon | 405 | 50:01 |
| 20 | » Paloma Labbé | 86 | Löparakademin | 458 | 50:27 |
| 21 | » Moa Melin | 99 | Löparakademin | 490 | 50:32 |
| 22 | » Helena Segerdahl | 65 | Stockholm | 433 | 50:34 |
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| 24 | » Kerstin Holmgren | 59 | Fiskbenen | 452 | 50:50 |
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